



THE HIGHLANDS HOTEL

TO START

JB's Signature Highlands Chowder, Creamy Tomato Based with
Fresh Vegetables & Fresh Chunky Fish, Homemade Brown Soda
Bread 1,2,5,7,8,14 €8.00

Soup of the Day, Sometimes Rustic, Sometimes Smooth, Always
Fresh, Homemade Brown Soda Bread 1,2 €4.50

Bowl of Spicy BBQ Chicken Wings,
Dipping Sauce, Pickled Cucumber Salad 9,14 €7.00

Panko Crusted Fivemiletown Goats Cheese,
Cider & Beetroot Purée, Candied Walnuts, Balsamic Glaze 1,4,7,10,14 €7.50

Golden Fried Fish Cake in a light Maryland spiced crumb,
Garden Greens & Lemon Mayonnaise 1,3,4,5,7,12 €6.00

The Highlands Spiced Chicken Caesar, Baby Gem, Crisp Bacon,
Fresh Parmesan, Garlic Bread 1,4,9 €7.50
As Main €13.00

Wok Fried Garlic & Chili King Prawns 3, 5 €9.50

Sharing Platter for 2 - a combination of
BBQ Chicken Wings, Garlic Bread, Vegetable Spring Roll,
Filo Prawns, Panko Crusted Chicken Goujons, Wedges
with a selection of dips and salad 1,3,5,9,14 €15.00

ALLERGENS: 1 Cereals containing gluten (i.e. Wheat, Rye, Barley, Oats, Spelt, Karmut or their hybridised strains) and products thereof; 2 Celery and products thereof; 3 Crustaceans and products thereof; 4 Eggs and products thereof; 5 Fish and products thereof; 6 Lupin and products thereof; 7 Milk and products thereof (Including lactose); 8 Molluscs and products thereof; 9 Mustard and products thereof; 10 Nuts; 11 Peanuts and products thereof; 12 Sesame Seeds and products thereof; 13 Soybeans and products thereof; 14 Sulphur dioxide and sulphites at concentrations of more than 10mg/kg or 10 mg/litre



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MEATS

- 10oz Irish Sirloin cooked to your liking, Donegal Silkie Whiskey and Cracked Pepper Sauce, Onion Rings, Garden Peas, served with a Side Order of your choice 1,7,14€26.00
- Go Surf & Turf, 8 oz Sirloin served with Garlic & Chilli Prawns, French Fried Onions, Chips and a sauce of your choice 1,3,5,7,14€25.00
- Cajun Chicken, Stirfry Vegetables & Basmati Rice 2,9,13,14€17.00
- The Highlands Fresh 6oz Burger, Molloy's Bacon, Cheddar, Light Salad, Pretzel Bun, Tomato, Filligans Tomato Chutney, Twice Cooked Chips 1,4,7,14€16.50
- 7oz Steak Sandwich on Ciabatta Bread with Sautéed Mushrooms & Onions, Irish Cheddar, Light Salad, Silkie Whiskey & Peppercorn Sauce, Twice Cooked Chips 1,7,14€17.50
- Traditional Chicken Maryland, Kinnegar Beer Batter, Pineapple, Banana & Apple Fritter, Grilled Bacon and Tomato with Garden Peas and a Side Order of your choice 1,7.....€18.50
- House Style Chicken Curry, with Diced Peppers, Red Onion, Mango Chutney & Basmati Rice 2€15.00

SEAFOOD

- Sheephaven Organic Salmon, served with Creamy Mash & Fresh Vegetables 5,7.....€17.50
- Highlands Seafood Platter - a selection of the finest seafood we have today served with salad 1,2,3,4,5,7€18.00
- Jumbo Scampi in a Kinnegar Beer Batter with Fresh Tartare Sauce, Garden Peas, Lemon Wedge and a Side Order of your choice 1,3,7€19.50
- Fresh Haddock Fillets, Kinnegar Beer Batter, Fresh Tartare Sauce, Garden Peas and a Side Order of your choice 1,5,7€16.50

VEGETARIAN DISHES

- Vegan Burger, Filligans Chilli Relish, Fresh Salad Leaves, Tomatoes and Red Onions on Vegan Bun served with Twice Cooked Chips 1,6,9,12€15.00
- Vegetable Stirfry with Rice or Noodles 1,2,4,9.....€15.00

Add Chicken or King Prawns...€4.00